

# CURRICULUM VITAE

Gintautas Vaitoska  
*Married since 1984, 1 child*  
*Nationality: Lithuania*

(Updated 2014)

## CURRENT POSITION

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2000 – **Lecturer** for Psychology and Religion, International Theological Institute

## EDUCATION

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1999 – 2003 International Theological Institute, Gaming, Austria. STL with specialization in Studies on Marriage and the Family

1992 – 1995 John Paul II Institute for Studies on Marriage and Family, Washington, D.C. Master of Theological Studies.

1978 – 1986 Vilnius University Department of Medicine, med. dr., psychiatry

1967 – 1971 3<sup>rd</sup> School, Telsiai, Lithuania

1971 – 1978 Zemaite Gymnasium, Telsiai, Lithuania

## LICENTIATE THESIS

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**Title:** On the Relationship Between Contraception and the Hardness of Heart

**Abstract:** *Hardness of Heart is associated with the closure to the need of neighbor in Holy Scripture. The non-verbal expression of the spouses' 'bodies' – as analyzed by John Paul II's Scriptural Exegesis, and, in secular context, by Erik H. Erikson – is intrinsically related to the openness of the possibility of conception. While hardness is associated with closure, tenderness of heart has, phenomenologically and othologically, the quality of openness. In the peak of conjugal intimacy, this openness bears a special nature of extreme tenderness which is 'connatural' with the qualities of the baby the longing and “intimate structure” of conjugal act is directed to. Frustration of this natural movement of the heart requires a concrete action*

*in the opposite direction –i.e. hardness. Periodic continence, in contrast to contraception, involves a choice not to frustrate the heart's tenderness at the peak of fertility.*  
Committee chair/members: Prof. Dr. Michael Waldstein, Prof. John Saward.

## **TEACHING EXPERIENCE**

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- 2007 – 2010 Kaunas Vytautas Magnus University, Theology  
Department: *Psychology of Marriage and Family*
- 2005 – 2010 St. Joseph Seminary, Vilnius, Lithuania: *Pastoral Care of Marriage and Family, Premarital and Marital Chastity,*
- 2000 – International Theological Institute, Studies on Marriage and the Family Programm;  
*Courses taught: Premarital Chastity and Friendship, Marital Chastity, Psychology of the Couple and Family, Child Development and Character Formation, Introduction to Bioethics, Same Sex Attraction and Gender Ideology, Psychiatry and Christianity.*

## **OTHER RELEVANT WORK EXPERIENCE**

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- 2011 Author of Psychology of Love and Friendship program, Education Development Centre, Lithuanian Ministry of Education
- 2009 Coauthoring a textbook for Family Education for the Lithuanian Ministry of Education
- 2005 – 2008 Coauthor of renewed Marriage Preparation program and Manual issued by the Lithuanian Catholic Bishops Conference
- 2007 – 2009 Maryvale Institute, UK: coauthoring a study manual for the Psychology of the Couple and Family course
- 2005 – Vilnius Archdiocese Family Center, Consultant for Family Politics
- 1996 – 1999 Vilnius Archdiocese Family Center, Consultant, Director (1998)
- 1986 – Family – individual psychiatry practice

## **UNIVERSITY AND OTHER EDUCATIONAL SERVICE**

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- 2010 – Member of the working group for promoting Family Education with the National Agreement for Creating Family Friendly Environment at the Lithuanian Parliament
- 2009 – Family and Chastity Education training for Religion teachers at various dioceses of Lithuania, in cooperation with the Lithuanian Catechetical Centre at the Lithuanian Catholic Bishops Conference
- 2009 – Natural Family Planning (moral/psychological dimension) training at the Kaunas Vytautas Magnus University, Theology Department
- 2009 – Expert for Family/Chastity education at the Lithuanian National Association of Parents and Families
- 2008 – 2010 Member of the working group for Family Definition at the Lithuanian Parliament

## **ECCLESIAL FUNCTIONS or APPOINTMENTS** \_\_\_\_\_

- 2005 – Member of the Family Council at the Catholic Bishops Conference of Lithuania

## **PUBLICATIONS** \_\_\_\_\_

**Vaitoska, Gintautas**, (2012). “Verlobung aus anthropologischer Perspektive: den Gipfel der Liebe besteigen.” In *Kirchliche Verlobung*, M.Wladika, G. Danhel (Hg), Be&Be Verlag, 2012.

**Vaitoska, Gintautas**, (2012). “*The Love of the Spouses as the Source of Education.*” *Theologia Catholica, Studia Universitatis Babeş-Bolyai, Romania*, 2012 1-2.

**Vaitoska, Gintautas**, (2012). “Killed by the Dragon: The Implications for Marriage (and Divorce) of Dating Patterns and Relations Between the Sexes in Western Culture.” Publication upcoming, a talk at a Conference *Adult Children of Divorce*, at The Center for Pastoral and Cultural Research, John Paul II Inst. Washington, D.C., 2012

**Vaitoska, Gintautas**, (2012). “Female homosexuality: Wounded Image of Self.” In *Amare Nella Differenza Le Forme Della Sessualita e il Pensiero Cattolico: studio interdisciplinare*, eds. Livio Melina and Sergio Belardinelli. Vatican City: Siena e Libreria Editrice Vaticana, 2012.

**Vaitoska, Gintautas**, (2010). *Who Stole the Stork from Children*. Vilnius: Kataliku Pasaulio Leidiniai, 2010 (in Lithuanian).

**Vaitoska, Gintautas, (2007).** “The role of sexual abstinence in the process of psychological maturation.” *Health Sciences*, 17, 2007.

**Vaitoska, Gintautas, (2007).** “*The longing of the happy savage state as the philosophical foundation of the corruption of the young.*” *Soter, Journal of Religious Science, Faculty of Theology at Vytautas Magnus University*, 21 (49), 2007.

**Vaitoska, Gintautas, (2007).** *Easy Life (Lengvas gyvenimas), A Catholic Reflection on Marriage Psychology*, Vilnius: Kataliku Pasaulio Leidiniai, 2007 (in Lithuanian).

**Vaitoska, Gintautas, (2006).** *Sex und Sieben, Information und Orientierung zu Pubertät, Liebe und Sexualität.* Mit Thomas Schenk und Jutta Lang. Bundesministerium für Soziale Sicherheit, Generationen und Konsumentenschutz, Österreich, 2006.

**Vaitoska, Gintautas, (2005).** “On the Relationship Between Contraception and the Hardness of Heart” (based on the Licentiate thesis). *Communio, International Catholic Review*, Winter, 2005.

**Vaitoska, Gintautas, (1995).** “The Psychology of Continence”, *The Linacre Quarterly*, November, 1995.

**Vaitoska, Gintautas, (1994).** “For Men of Our Time” (on contraception, love and lust in conjugal life). *The Linacre Quarterly, A Journal of the Philosophy and Ethics of Medical Practice of the Catholic Physician's Guilds of the US*, November, 1994.

**Vaitoska, Gintautas.** More than 30 publications in Lithuanian press defending the value of marriage, family and chastity education

## MANUSCRIPTS IN PROGRESS

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**Vaitoska, Gintautas, (2017).** *On Chastity as Dynamic Personalization of the Generative Power (and the Eschatological Promise in Everyday Experience).* Doctoral theses for STD degree. To be finished at 2017.

**Vaitoska, Gintautas, (2014).** *Cultural, Moral, Biological and Psychological Aspects of Same Sex Attraction and Gender Theory.* A series of publications, envisaged as eventually composing a book, in *Artuma, Lithuanian Caritas Federation Journal for the Family* (on a monthly bases, started in February, 2014).

## PRESENTATIONS

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**Vaitoska, Gintautas, (2014).** *The Tree of Life* . A series of monthly radio talks – interviews at Radio Maria, Lithuania, January-August, 2014.

**Vaitoska, Gintautas, (2014).** *The Saint and the Family: Blessed John Paul II in contemporary cultural debate.* A lecture held at Family and Catechetical Centre of Kaisiadorys Diocese, Lithuania, April 26<sup>th</sup>, 2014.

**Vaitoska, Gintautas, (2014).** *The Right to be Chaste.* Address at the Conference “Family and Children in Future Lithuania”, Parliament of the Republic of Lithuania, May 21, 2014.

**Vaitoska, Gintautas, (2014).** *Psychological and Spiritual Dimensions of Natural Family Planning.* Lecture held at Theological Department of Kaunas Vytautas Magnus University, May 3<sup>rd</sup>, 2014.

**Vaitoska, Gintautas, (2014).** *Man and Woman: difference in equality.* A talk held at Women's Club of Opus Dei, Vilnius, February 23<sup>rd</sup>, 2014.

**Vaitoska, Gintautas, (2014).** *Gendermainstreaming, “Sexual rights”, Human Nature and Society.* Talk held at the Interdisciplinary Conference *Roots of Unity*, St. Johannes Gemeinschaft, Marchegg, Austria, March 29<sup>th</sup>, 2014.

**Vaitoska, Gintautas, (2014).** *Chastity Education.* A workshop for Pedagogues at *St. John's Children Community* in Vilnius, Jan. 18-19<sup>th</sup>, 2014.

**Vaitoska, Gintautas, (2013).** *Spiritual Direction and Psychotherapy: Similarities and Differences* A Lecture for Panevezys Diocese priests and religious, **April 23<sup>rd</sup>**, 2013.

**Vaitoska, Gintautas, (2013).** *Man and Woman He Created Them.* Lecture held at the Lithuanian Youth Day, Kaunas, June 29<sup>th</sup>, 2013.

**Vaitoska, Gintautas, (2013).** *Gender mainstreaming and the Istanbul Convention for Preventing Violence Against Women.* Lecture at the Lithuanian Parliament conference, June 18<sup>th</sup>, 2013.

**Vaitoska, Gintautas, (2013).** *Family and Chastity Education workshops for teachers of the Lithuanian Catechetical Centre*, Vilnius, March 26-27<sup>th</sup>, 2013, Marijampole, April 19<sup>th</sup> 2013 & 2012 Feb. 10-11<sup>th</sup>, Siauliai, Jan. 27-28<sup>th</sup>, 2012, Kaunas, Feb. 24-25<sup>th</sup>, 2012.

**Vaitoska, Gintautas, (2012).** *Verlobung aus anthropologischer Perspektive: den Gipfel der Liebe besteigen.* Lecture held at the ITI Conference on Engagement, Jan. 21<sup>th</sup>, 2012.

**Vaitoska, Gintautas, (2012).** *The Sparks and Shadows of Youth.* 5 lecture series held at St. Casimir's Parish for parents, Vilnius, 2012 January – May.

**Vaitoska, Gintautas, (2012).** *Killed by the Dragon: The Implications for Marriage (and Divorce) of Dating Patterns and Relations Between the Sexes in Western Culture.* Lecture held at the Conference *Adult Children of Divorce*, at The Center for Pastoral and Cultural Research, John Paul II Inst. Washington, D.C., April 12<sup>th</sup>, 2012.

**Vaitoska, Gintautas, (2011, 2012).** *Love and Responsibility.* Monthly workshops with Franciscan Youth Movement, Vilnius, January – May, 2011, 2012.

**Vaitoska, Gintautas, (2011).** *The Love of the Spouses as the Source of Education.* A Lecture Held at the Conference organized by Kluj University and John Paul II Institute, October 15<sup>th</sup>, 2011.

**Vaitoska, Gintautas, (2011).** *Conjugal love: from Eros to Agape.* Lecture at the Lithuanian Family Centre yearly conference, Siauliai, February 27<sup>th</sup>, 2011.

**Vaitoska, Gintautas, (2010-2013).** *Psychology of Catholic Leadership.* Workshops and talks held at the ITI leadership forum, 2010-2013.

**Vaitoska, Gintautas, (2010).** *Speak Truth in Love (Ef. 4:15).* Lecture at the Lithuanian Family Centre yearly conference, Marijampole, March 2010, Marijampolė.

**Vaitoska, Gintautas, (2010).** *Psychoanalysis in Defense of Chastity: a Paradox.* Lecture held at Collegium Anton Neuwirt, April 2010.

**Vaitoska, Gintautas, (2010).** *Psychiatry and Christianity.* Workshop for Jungian analysts at the Lithuanian Society of Jungian Psychology in Vilnius, April 3<sup>rd</sup>, 2010.

**Vaitoska, Gintautas, (2010).** *Family, Marriage and Meaning of Life.* Lecture series at Velycionys Youth Correction Institution, together with the Franciscan Youth Movement, 2010, Jan. - May.

**Vaitoska, Gintautas, (2009).** *What to tell children about sexuality?* Workshop for Blessed Matulaitis Parish Family Center staff and parents, Vilnius, March 20<sup>th</sup>, 2009.

**Vaitoska, Gintautas, (2009).** *Pornography: a misdirected longing (a reflection along the lines of Gabriel Marcel).* Talk held at the Meeting of Central European Forum of Moral Theologians, Moedling, August, 2009.

**Vaitoska, Gintautas, (2008).** *State as Dysfunctional Family.* Lecture at the International Conference of Individual (Adlerian) Psychology, Vilnius, July 2008.

**Vaitoska, Gintautas, (2006).** *On the "Instruction Concerning the Criteria for the Discernment of Vocations with regard to Persons with Homosexual Tendencies in view of their Admission to the Seminary and to Holy Orders".* Workshop for spiritual directors of Lithuanian Seminaries, Vilnius St. Joseph Seminary, January 2006.

**Vaitoska, Gintautas, (2006).** *Criteria of Marital Happiness.* Lecture at the Lithuanian Family Centre yearly conference, Vilnius, 2006.

**Vaitoska, Gintautas, (2005).** *The role of sexual abstinence in the process of psychological maturation.* Talk in Warsaw, Poland, Teacher's conference, organized by the Polish Ministry of Education, March, 2005.

**Vaitoska, Gintautas, (2004).** *On the Psychology of Same Sex Attraction.* Lecture at the Interdisciplinary Conference on Homosexuality, Presov, Slovakia, October 2004.

**Vaitoska, Gintautas, (2002).** *Boys and Chastity.* Lecture at the Teen Star Chastity Program international conference, Cordoba, Spain, July 2002.

**Vaitoska, Gintautas, (1995).** *New Age Practices from the Perspective of Moral Theology.* Lecture at the conference with David L. Schindler and Stratford Caldecott at the Vilnius University Religious Studies Centre, July, 1995.

## RESEARCH INTERESTS

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Chastity: premarital and conjugal, developing argument for Humanae Vitae.  
Marriage and Family Psychology and Spirituality.  
Same Sex Attraction and Gender Identity.  
Psychiatry and Christianity.

## TEACHING INTERESTS

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Premarital Chastity and Friendship, Conjugal Chastity.  
Psychology of Marriage and Family.  
Child Development and Personality Formation.  
Bioethics.  
Same Sex Attraction and Gender Ideology.

## PROFESSIONAL ASSOCIATIONS

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Consultant, International Association for Therapeutic Choice.  
Member, Lithuanian Psychiatry Society.

## GRANTS AND FELLOWSHIPS

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Knights of Columbus - Fr. Michael McGivney Scholarship for studying at the John Paul II Institute in Washington, D.C., 1992-1995.

## LANGUAGE PROFICIENCY

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**Mother tongue:** Lithuanian.  
**English:** fluent in reading, speaking and writing.  
**Russian:** fluent in reading, speaking and writing.  
**German:** satisfactory in reading and speaking.  
**Polish:** satisfactory in reading.